

Athletic Parent Meeting 2019

Have you...

Signed in? ***See Tina (entry table)***

Turned in your concession deposit? ***See Gretchen***

Checked to make sure all of your forms are up-to-date? ***See Missy***

Looked at spirit wear, flyers and uniforms? ***See Lori and Jacinda***



Philosophy Statement



- St. Bede Catholic School is concerned with the development of the WHOLE person – the religious, moral, social and academic dimensions, as well as physical development. We believe that participation in athletics is an important component to a well-rounded education experience. Through participation in the St. Bede Athletic Program, students will develop ethical and moral standards, life-long skills, and positive values. These values include leadership, healthy living habits, self-discipline, integrity, teamwork, respect for rules and regulations and the ability to participate with dignity and grace.

SBAA Members



Athletic Director – Elizabeth McLaren

- Daughter in 6th grade and daughter who is an alumna

Asst. Athletic Director – Tina Lutzke

- Son in 3rd, daughters in 5th and 8th, and son who is an alumni

Treasurer – Gretchen Sampson

- 7th grade daughter, and two daughters who are alumae

Secretary – Missy Greenenwald

- 7th grade daughter, and two daughters who are alumae

Concessions Director – Lauren Ziemba

- Sons in 8th, 4th and 3rd ; daughter in 3rd

SBAA Members



Assistant Concession Director – Franco Rodriguez

- Son in 8th, daughters in 3rd and 7th

Volunteer Coordinator – Julie Webb

- Son in 8th, daughter in 6th, daughter who is an alumna

Fundraising and Events Coordinator – Jacinda Collins

- Daughter in 7th, son in 5th.

Uniform and Tournament Coordinator – Lori Banner

- Daughter who is an alumna

Programs Offered



Fall Programs

- Available to grades 4-8
 - Girls Volleyball (registration closed)
 - Co-Ed Cross Country (registration deadline 8/23/19)
 - Boys and Girls Basketball (registration deadline 8/31/19)

Spring Programs

- Available to grades 4-8
 - Boys Volleyball (registration deadline 12/15/19)
 - Boys and Girls Track (registration deadline 3/9/20)

Programs Offered



- Online registration available, visit www.stbedeschool.com for more information and click on the Athletics link
- Fees are \$60 per sport (\$2 convenience fee for credit card transactions)
 - Used to subsidize league dues, referees, uniforms, equipment and tournament fees
- Sports physicals, consents, code of conduct and concussion forms required

Northeast Illinois Catholic Conference



- Frassati Catholic Academy, Wauconda
- St. Gilbert, Grayslake
- HRK, homeschool program/group
- Lake Forest Country Day School
- East Lake Academy, Lake Forest
- Our Lady of Humility, Beach Park
- St. Patrick, Wadsworth
- St. Anastasia, Waukegan
- Most Blessed Trinity, Waukegan
- Prince of Peace, Lake Villa
- St. Joseph, Round Lake
- St. Joseph, Libertyville

Volunteer Requirements



- Each family is expected to contribute to working the home athletic events, including tournaments
 - May include concessions, gate, grill, scoreboard, etc.
 - Deposit payable of \$150 (per sport) that will not be cashed unless you do not fulfill the requirements
 - Turn this in today
 - Families may opt out for \$150 at the start of the season, but we prefer participation and support at the events – please let us know if you plan to buy out
 - We use [signup.com](https://www.signup.com) to manage athletic volunteer hours

Physical Requirements



- School physicals are kept separate from SBAA physicals
 - If you are sending it into the office, please put it in an envelope marked SBAA
- We will need a separate copy of the physicals, as they are required annually for sports involvement
- IHSA rules (which follow for physicals) indicate physicals are good for 395 days

Volunteer Requirements - FAQ



- **Are there different hours required per sport?**
 - Yes, if you have a child in two sports, you will be expected to contribute during both sport seasons
- **Are these hours in addition to the school-required hours?**
 - Yes, these are additional hours required for athletics
- **How many hours are required?**
 - It depends on the number of hosted events and total number of families – total time slots/number of families = required hours
 - Partial refunds are not given – all or nothing with hours 😊

Volunteer Requirements - FAQ



- **Are coaches required to do additional hours?**
 - No. Coaches put in a ton of time and additional hours are not required during their season
 - If a coach volunteers for multiple sports, or multiple levels, no volunteer hours are required for the school year
- **What if I cannot make a scheduled shift?**
 - It is up to the individual to find a replacement for any shift, as we cannot manage this globally
- **Can my current St. Bede student sign up to work my hours?**
 - No. We only allow high school age students to work hours. However, these hours cannot count for both service hours (Carmel, National Honors Society, etc.) and parent volunteer hour requirements.

Volunteer Requirements - FAQ



- Once final game schedules are received from the NICC, the volunteer calendar will be created and an email will be sent to each family with details on how to sign up, download the app (if that is your preference), and how many time slots each family is required to fill.

Uniforms



- GVB/BVB
 - Jersey provided and returned at the end of the season, shorts must be as follows:
 - Black, no spandex, 5" inseam (minimum), small logo or white trim is acceptable, no writing
- BBB/GBB
 - Full uniform provided and returned at the end of the season
 - All levels - one set of reversible jersey and shorts

Uniforms



- Cross-Country and Track
 - Performance tee/tank provided (athlete may keep)
 - Jacket (must be returned at end of season)
 - Black shorts or bottoms can be worn of any kind

Specific Polices



- Policy 1: Participation and Athletic Probation, section 1.1:
 - If participants have prior commitments, these must be brought to the Coach's attention prior to the sports season to determine conflicts that could affect playing time.

Specific Polices



- Policy 1: Participation and Athletic Probation, section 1.2:
 - Students must maintain a 'C' average of all subjects, and no grade may be lower than "D." If the student fails to maintain a 'C' average of all subjects (with no grade lower than "D"), s/he will be placed on Athletic Probation. The students will be monitored on a weekly basis by the Principal who will communicate the student's status to the parents and to the Athletic Director. The Athletic Director will contact the coach with this information.

Specific Polices



- Policy 1: Participation and Athletic Probation, section 1.2:
 - An academic "week" for this purpose is defined from Friday to Thursday. Teachers will communicate student status to the principal early Friday (at the latest). Probation begins on that same Friday and goes for that weekend and the following week. At the end of the week, the students are off probation, unless the probation status is renewed with another email.
 - Multiple weeks of probation may lead to being dropped from the program.

Specific Polices



- Policy 1: Participation and Athletic Probation, section 1.2:
 - Students who are placed on Athletic Probation will not be allowed to participate in Athletic practices, games (including the attendance of games in their uniform), or any other after school extra- curricular activities until the grade is improved. It is recommended that students on probation do not attend games, even as spectator.
 - Absence from school, (except in extenuating circumstances), will presuppose absence from a practice or game that day. Unexcused absences

Specific Policies



- Policy 8: Playing Up

- Per the NICC, a team may only move players up if they have less than 9 team members. If a team has 9 or more at the level, they are not permitted to move additional players up
- If we have a team with less than 9 registered players, we will discuss moving players up with coaches and parents

At the 8th grade level we will likely hold a tryout for players interested in playing up on a definite basis.

Specific Policies



- Policy 8: Playing Up
 - Our preference as a program is to have the athlete play on their grade level team and play up with another team
 - Playing up is not open to everyone, every game
 - At our 7/8 grade levels (in absence of a tryout):
 - Athletes identified to play up are at the discretion of the coach, as overseen by the SBAA; and
 - Equal playing time is not applied to any athlete at these two levels.
 - However, all athletes dressed for a game (playing up or not) will participate in the game for some time.

Specific Policies



- Policy 9, Playing Time:
 - Every eligible athlete on the team bench will play in every game/match.
 - The playing time guidelines are as follows for each grade level:
 - 4 th, 5th and 6th grade is **equal playing time** over the course of the season (not measured in individual games);
 - 7 th and 8th grade playing time should be a **reflection of ability, effort, attendance at practices, commitment to the team, and at the discretion of the coach**; and
 - Missing a practice without cause, excessive absences, or tardiness can reduce playing time and even exclusion from the team.

Specific Polices



- Policy 9, Playing Time:
 - At the coach's discretion, a student returning from Athletic/Extra-Curricular Probation may not be able to play.
 - If the student is reinstated from probation and is able to get in a practice or two, then the student may play in the next game. If the student misses practice(s) and returns just before a game, the coach has the discretion to determine the appropriate playing time, if any, based on grade level.
 - Playing time can also be reduced for disciplinary reasons, (i.e., losing one's temper, unbecoming conduct of a St. Bede student).

Grievances



- All grievances should initially be directed to the head coach, no sooner than 24 hours after the incident, practice, or game in discussion
- If you feel a need to communicate an urgent issue sooner than 24 hours, please direct your concern to Elizabeth McLaren at athleticdirector@stbedeschool.com or via cell at 847-845-6385
 - What is urgent? Injuries, incidents
 - What is not urgent? Playing time, ref concerns, coach complaints
- Per the by-laws, any parent/guardian wishing to meet with the SBAA Board must contact the Athletic Director or Assistant Athletic Director.
 - Members of the SBAA shall be given at least forty-eight hours notice of such meetings and will be informed of the matters to be discussed at the time of notification.

Coach Selection



- Coaches can express interest in an email to athleticdirector@stbedeschool.com
- The process for selecting Coaches is outlined in the SBAA policies and bylaws, and are available on the website
- The SBAA Board shall host Coaches meeting prior to the beginning of each athletic season where informational materials will be provided

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- There are specific requirements for being a coach, please see the AD or AAD for details.

Practices and Games



- Practices are closed to parents and siblings
 - Parents may decide to stay for practices due to logistics, but they are not permitted in the gym
 - If there are logistic issues, siblings must signup for EDP and cannot be in the gym, or unsupervised during practices
- Children attending games are expected to be in the gym watching the games

Practices and Games



- If you are struggling with care for before- or after-school practices, the Extended Day Program (EDP) is a great option.
- Please reach out to EDP Director, Mary Kay Gontarek mgontarek@stbedeschool.com to look into options for drop-in options.

Booster Club



- Established in 2014-15 school year
- Open to all parents, grandparents and family members of St. Bede Students (does not have to be an athlete)
 - Gold - \$50 (includes: family pass to all home games, including tournaments, and booster club t-shirt)
 - This year we offered Booster Club Membership to all teachers and staff for FREE to encourage them to come watch our student-athletes
 - Platinum - \$100 (includes: everything in the Gold level as well as two adult tickets to the annual athletic banquet held in the Spring)

Fun Events



- Social Events/Fundraisers:
 - Halloween Hustle – 10/26/19
 - Annual BBQ, Beer and Bags Fest – 11/9/19
 - Holiday Bazaar – 11/16/19
 - Staff/Student/Alum v. 8th Grade Games (volleyball and basketball) – 4/30/20

Fun Events



- **Special Athletic Events:**
 - 4/5th and 6th grade girls volleyball tournament – 9/25-9/28/19
 - 4/5th and 6th grade boys basketball tournament – 12/11-12/14/19
 - 4/5th and 6th grade girls basketball tournament – 1/8-1/11/20
 - Annual Athletic Banquet – 5/5/20

Fun Events



- 8th Grade Recognition Nights
 - At the last home game of each sport, we will honor our 8th grade athletes and their parents in a short ceremony before the 8th grade game
- 3rd Grade Family Nights
 - There will be one home game each season (for gym-hosted events) where we will invite 3rd grade families to attend for free and their 3rd grade student will get a free Falcon t-shirt to wear to the game

Fun Events



- Fall Athletic Photos – 10/19/19
 - GVB, Cross-country, BBB
- Spring Athletic Photos – 3/13/20
 - GBB, BVB, Track
- We will use PMI for our team photos this year – we enjoyed the experience last year and got great feedback from parents on the pricing and options
 - <https://www.pmiphoto.com/>



Coach Communication



- We will continue to use TeamSnap for scheduling this year!
 - All practice, game and tournament schedules will be coordinated by Tina Lutzke via Team Snap
- Desktop or Mobile Access
 - By downloading the TeamSnap app to your mobile device, you can easily access the sports schedule and sync it directly with your calendar
 - Any schedule changes will be updated immediately and will send an electronic notice to everyone listed in the account



Coach Communication



- You can easily add family members so they can access the up-to-date schedule
- You will have the ability to send message communication within the app to team members, parents, coaches, etc.

Falcon Spirit Wear



- Sport-specific spirit wear will be offered to athletes and families at the start of each season and throughout the year
- Online store available through American Outfitters
 - Visit the Athletics tab on the website for the flyer for the new spirit wear options
- Personalization is available for names/numbers on the back of hoodies, shirts, etc.
- Two “stores” open now: general and cross-country/volleyball – deadline 8/25, delivery the week of 9/9

Falcon Spirit Wear



- These items are NOT part of the school uniform and may not be worn on regular uniform days
- Students may wear spirit wear on out of uniform days or specially designated spirit days as deemed by the principal

Getting Involved



- We always need help!
- Email stbedeaa@gmail.com or reach out to Julie Webb for more information on volunteering!

Contact Information



- stbedeaa@gmail.com is the contact email address for general information, monitored by the Assistant Athletic Director
- athleticdirector@stbedeschool.com is the email only accessible to the Athletic Director